

Register by March 11<sup>th</sup>

# AIKIDO CAMP

## Spring Camp 2022! March 21<sup>st</sup> -25<sup>th</sup>

Aikido Camp For Kids is an exceptional educational and cultural program available to children age 5- 15 years old which allows them to Learn & Create.

Learn Aikido - Japanese- Meditation- Yoga - Jiu Jitsu - Arts Crafts - Field Trips - All in a fun environment!



### ASF Exclusive:

Our camp provides the unique opportunity for kids to discover and experience Japanese culture from Stephanie Yap Sensei, 7th dan, who has lived in Japan over four years and has been teaching at Aikido of South Florida since she founded the school over 25 years ago.

Jiu-jitsu  
Japanese YOGA  
Learn & Create  
Aikido Meditation

### Camp Fees:

Camp fees for ASF Members are \$250 per week/\$300 after March 11th, and Non-members \$300 per week/\$350 after March 11th. Additional siblings and referrals can receive \$50 or more in discounts! Fees include snacks, Yoga, Aikido, Jiu-jitsu, Camp T-shirt, Field Trips and Arts & Crafts supplies. Lunches are to be provided by the parents to ensure your child's personal dietary needs are satisfied. Drop off available as early as 7:30am! Pick-up at 6:00.

### Camp Schedule:

7:30 – 8:30	Brilliant Minds Book Club
8:30 – 9:30	Meditation
10:00 –11:00	Aikido / Jiu-Jitsu Keiko
11:30 –4:30	Lunch "Hirugohan", Arts & Crafts, Field Trip, Learn Japanese & or off to the park to explore nature.
4:30– 6:00	Movie
6:00	End of a great day!

For more info visit [aikidosf.com](http://aikidosf.com)

Don't miss this opportunity to keep your kids mentally and physically active during this spring break!

954.929.2656

# AIKIDO

